



# Am I ready for school?



## Tips for parents

When your child starts primary school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help track their progress.

### Self-care

- I know when to wash my hands
  - I can wipe my nose
- I can ask for help if I don't feel well

### Speaking & literacy

- I am interested in reading stories & looking at picture books
- I am able to talk about myself, my needs & feelings
  - I am practising recognising my name when it's written down

### Getting dressed & undressed on my own

- I can button & unbutton my clothes
- I can put my own shoes & socks on
- I can put my coat on & use a zip

### Interest in the world & new activities

- I enjoy learning about the world around me
  - I am interested in exploring new activities or environments
  - I like asking questions

### Eating

- I can use a knife & fork
- I can open my packed lunch on my own
  - I am confident at opening wrappers & packaging

### Writing skills

- I like tracing patterns & colouring in
- I enjoy experimenting with different shaped scribbles
  - I am practising holding a pencil

### Going to the toilet

- I can go to the toilet on my own, wipe myself properly & flush
- I can wash & dry my hands without any help

### Independence

- I am happy to be away from my mummy, daddy or my main carer
- I am happy to tidy my belongings & look after my things
- I am feeling confident about starting school

### Listening & understanding

- I am able to sit still and listen for a short while
  - I can follow instructions
- I understand the need to follow rules

### Sharing & turn taking

- I can share toys & take turns
- I can play games with others
- I can interact with other children

### Counting skills

- I enjoy practising counting objects
- I like saying number rhymes & playing counting games
  - I can recognise some numbers when they are written down

### Routines

- I have practised putting on my uniform & getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on school days



# CHILDREN WHO CAN...

eat by themselves

sleep by themselves

wipe their own bottoms

try and solve problems by themselves

look after their own belongings...

**Are more CONFIDENT at school**

**&**

**Are more ready to TRY NEW THINGS**

**They become:**

**Socially** - more able to solve problems in the playground

**Emotionally** - more likely to feel good about themselves

**Academically** - more able to learn in a large group

**AND THEREFORE MORE INDEPENDENT**

**AND MORE READY FOR SCHOOL**